

La Barbarie

HOTEL & RESTAURANT
— GUERNSEY —

Bar Lunches 12 noon till 1.45

Starters

Home Made Soup of the Day	£4.85
Prawn Cocktail	£6.25
Crab Cocktail	£7.25
Smoked Scottish Salmon, Brown Bread	£7.25
Chicken Liver Parfait, Tomato Chutney, Warm Toast	£5.75
Tomato and Mozzarella Salad with Rocket, Basil Dressing (V)	£5.75
Chilled Melon with Seasonal Fruits (V)	£5.75

Fish

Deep Fried Cod in Crispy Batter, Chips and Mushy Peas	£9.95
Deep Fried Whole Tail Scampi , Chips and Garden Peas	£9.95
Salmon Steak , Lemon Butter, New Potatoes, Seasonal Greens	£9.95
Prawn Tails Tempura , Chilli Jam and Crisp Salad	£9.95

Meats

Cumberland Sausage , Mash Potato & Red Onion Gravy	£8.25
Slow Roast Belly of Pork , Apple Compote, Mash Potato, Buttered Cabbage and Pan Gravy	£9.25
Thai Green Chicken Curry , Basmati Rice	£9.75
Piri Piri Breast of Chicken , Sour Cream & Chives, Fries & Seasonal Salad	£9.75
Gammon Steak , Fried Egg Chips & Garden Peas	£9.75

Vegetarian

Spinach, Courgette and Roast Pepper Risotto <i>With Fried Sage and Basil Oil</i>	£8.95
Fried Goats Cheese in Sesame Seeds <i>Baby Chard, Vine Tomatoes, Pine Kernels and Honey Dressing</i>	£8.95
Falafel, Hummus, Char Grilled Vegetables <i>Mint Yoghurt and Flat Bread</i>	£8.95

Salad Bowls

House Salad , <i>(With Avocado, Crispy Bacon, Egg, Roast Sweet Peppers, Tomato, Cucumber and Red Onion)</i>	£9.25
Salmon Nicoise Salad <i>(Green Beans, New potatoes, Tomatoes, Black Olives & Hard Boiled Egg)</i>	£9.95
Hand Picked Crab Meat Salad	£12.95
Prawn Salad	£10.95
Caesar Salad with Garlic Croutons, Crispy Bacon and Parmesan	£8.75
Grilled Chicken Caesar Salad	£9.95

All the above Main Courses can be served as Smaller Portions for £7.45
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Olive Wood Platters

Cold Continental Meats , Home Pickled Vegetables, Crusty Bread	£9.25
Seafood , Crabmeat, Prawns, Smoked Salmon, King Prawns & Roll Mops, Crusty Wholemeal Bread	£11.95
Mature Guernsey Cheddar Ploughman's , <i>Pickles, Chutney, Tomato, Apple & Crusty Bread (V)</i>	£8.95

Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.

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Hot Sandwiches

Served on Toasted Ciabatta with Salad Garnish & Fries

Grilled Chicken , Rocket & Tarragon Mayo	£8.50
Char Grilled Ribeye , Red Onion & Mustard Mayo	£9.95
Char Grilled Mediterranean Vegetables , Mozzarella & Pesto (V)	£7.75

Traditional Sandwiches

All Made to Order on White or Wholemeal Sliced Bloomer with Salad Garnish & Crisps (with Fries add £1.50)

Guernsey Crab	£7.25
Prawn	£6.75
Smoked Salmon	£6.75
Mature Guernsey Cheddar (with Tomato, Pickle or Onion?)	£5.65
Tuna Mayo	£5.65
Farmhouse Ham	£5.65
Roast Beef	£5.95

Soup and Sandwich Deal	£9.85
A Bowl of Homemade Soup with a Choice of one of our Traditional Sandwiches (£1.50 Supplement for Crab)	

Side Orders

Chips	£3.00
New Potatoes	£3.00
Garlic Bread	£2.50
Onion Rings	£2.75
Garden Peas	£2.50
Panache of Seasonal Vegetables	£3.50
Side salads: Mixed, Green, Tomato & Red Onion	£3.95

For Desserts Please see Blackboard for today's Selection

Daily Desserts £5.45 Ice Creams £4.75 Cheese & Biscuits £7.10



Coffee £1.95 Tea £1.95 Cappuccino £2.50

Espresso £2.10 Large £2.90 Latte £2.50 Liqueur Coffee £6.10

Don't Fancy a Full Pudding? Then why not try a Coffee with one of our Mini Desserts

Your Choice of Coffee with one of the following Mini Desserts £5.95

Chocolate Brownie, Vanilla Ice Cream
Sticky Toffee Pudding, Vanilla Ice Cream
Crème Brulee, Homemade Shortbread
Profiteroles, Chocolate Sauce

Two Scoops of Ice Cream of your Choice
Wedge of Cheese of your Choice, Celery Grapes & Crackers