

Bar Lunches 12 noon till 1.45

Starters

Home Made Soup of the Day	£4.95
Prawn Cocktail	£6.50
Crab Cocktail	£7.50
Chicken Liver Parfait, Tomato Chutney, Warm Toast	£5.95
Potted Ham Hock, Piccalilli, Toasted Sourdough	£5.95
Tomato and Mozzarella Salad with Rocket, Basil Dressing (V)	£5.25
Fish Cakes, Remoulade	£5.95

Fish

Deep Fried Cod <i>in Crispy Batter, Chips and Mushy Peas</i>	£11.50
Deep Fried Whole Tail Scampi , <i>Chips and Garden Peas</i>	£11.50
Grilled Salmon , <i>Prawn Caper Butter, Leeks, Crushed Pota</i>	£11.50
Grilled Sea Bass , <i>Beurre Blanc Roast Vine Tomatoes, Asparagus, New Potatoes</i>	£11.50

Meats

Cumberland Sausage , <i>Mash Potato & Red Onion Gravy</i>	£9.50
Slow Roast Belly of Pork , <i>Apple Compote, Buttered Cabbage, Creamy Mash</i>	£11.50
Chicken Bhuna , <i>Basmati Rice, Flat Bread</i>	£11.50
Confit of Duck Leg , <i>Orange & Redcurrant Sauce, Broccoli, Sauté New Potatoes</i>	£11.50
Pan Roast Breast of Chicken , <i>Mushroom Chardonnay Sauce</i> <i>Baby Leaf Spinach, Champ</i>	£11.50

Vegetarian

All @ £11.50
Sauté Wild Mushrooms in a Creamy Dijon Mustard Sauce <i>Rocket, Parmesan, Toasted Sourdough</i>
Grilled Goats Cheese <i>Swiss Chard, Beetroot Relish, Caramelised Walnuts</i> <i>Sauté New Potatoes</i>
Vegetable Bhuna <i>Basmati Rice, Flat Bread</i>

Salad Bowls

House Salad , <i>(With Avocado, Crispy Bacon, Egg, Roast Sweet Peppers)</i>	£9.95
Caesar Salad with Garlic Croutons , <i>Crispy Bacon and Parmesan</i>	£9.95
Add Grilled Chicken	£11.50
Brie, Apple, Avocado & Beetroot Salad	£9.95
Hand Picked Crab Meat	£13.95
Prawn	£11.95

All the above Main Courses can be served as Smaller Portions for £7.95
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Olive Wood Platters

Charcuterie, Potted Ham Hock, Piccalilli, Sourdough	£11.50
Seafood, Crabmeat, Prawns, Smoked Salmon, <i>King Prawns & Smoked Mackerel Crusty Wholemeal Bread</i>	£13.95
Mature Cheddar Ploughman's, <i>Pickles, Chutney, Tomato, Apple & Crusty Bread (V)</i>	£9.95

Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.

Hot Sandwiches

Served on Toasted Ciabatta with Salad Garnish & Fries

Pulled Pork , Baby Gem, BBQ sauce	£9.95
Grilled Chicken , Rocket, Tomato, Mayo	£9.95
Char Grilled Mediterranean Vegetables , Mozzarella & Pesto (V)	£8.95

Traditional Sandwiches

All Made to Order on White or Wholemeal Sliced Bloomer
with Salad Garnish & Crisps (with Fries add £1.75)

Guernsey Crab	£7.50
Prawn	£6.75
Smoked Salmon	£6.75
Mature Guernsey Cheddar (with Tomato, Pickle or Onion?)	£5.75
Tuna Mayo	£5.75
Farmhouse Ham	£5.75
Roast Beef	£5.75

Soup and Sandwich Deal £9.85

A Bowl of Homemade Soup with a Choice of one of our Traditional Sandwiches
(£1.50 Supplement for Crab)

Side Orders

Chips	£3.00
New Potatoes	£3.00
Onion Rings	£3.00
Garden Peas, Buttered Cabbage, Green Beans	£3.00
Side salads: Mixed, Green, Tomato & Red Onion	£3.50
Garlic Bread	£2.75