

La Barbarie
HOTEL & RESTAURANT
GUERNSEY

Bar Lunches 12 noon till 1.45
SAMPLE MENU

Starters

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| Home Made Soup of the Day <i>Served with Crusty Bread (V)</i> | £6.15 |
| Crab Bisque <i>Served with Crusty Bread</i> | £8.50 |
| Prawn Cocktail | £8.95 |
| Crab Cocktail | £11.25 |
| Prawn Tails Tempura <i>Summer Salad, Sweet Chilli Jam</i> | £9.65/£16.55 |
| Smoked Scottish Salmon <i>Radishes, Capers, Rocket, Lemon Dill Dressing</i> | £9.65 |
| Heritage Tomato Salad <i>Feta, Avocado, Red Onion, Green Beans, Oregano Dressing (V)</i> | £7.50 |
| Chicken Liver Parfait <i>Tomato Chutney, Toasted Bloomer</i> | £7.50 |
| Three Freshly Baked Rustic Bread Rolls <i>Served with Guernsey Butter</i> | £3.60 |
| <i>(Add Balsamic Olive Oil & Hummus £2.95)</i> | |
| <i>(Add Assorted Olives & Hickory Smoked Almonds £2.95)</i> | |

Light Lunches & Salads

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| Individual Baked Camembert with Honey & Thyme <i>Fig Relish & Garlic Crostini</i> | £10.50 |
| Seafood Platter | £17.95 |
| <i>Peeled Prawns, Crabmeat, Smoked Salmon</i> | |
| <i>King Prawns & Smoked Mackerel, Marie Rose, Wholemeal Bread</i> | |
| Charcuterie & Cheese Platter | £15.95 |
| <i>Selection of Continental Charcuterie & Cheeses</i> | |
| <i>Served with Tomato Chutney, Cornichons & Crusty Bread</i> | |
| Hand Picked Guernsey Crabmeat <i>Crushed Avocado, Marie Rose, Toasted Sourdough</i> | £15.95 |
| House Salad | £12.95/£10.95 |
| <i>(With Avocado, Crispy Bacon, Egg, Roast Sweet Peppers)</i> | |
| Caesar Salad <i>with Garlic Croutons, Crispy Bacon and Parmesan</i> | £12.50/£10.15 |
| Chicken Caesar Salad <i>with Garlic Croutons, Crispy Bacon and Parmesan</i> | £15.95/£13.25 |
| Grilled Salmon <i>On a bed of Nicoise Style Salad with New Potatoes</i> | £16.95/£13.65 |
| Grilled Jerk Chicken and Avocado Salad | £15.75/£12.95 |
| Hand Picked Crab Meat Salad | £19.15/£16.15 |
| Peeled Prawn Salad | £16.95/£14.15 |

Main Courses

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| Crispy Battered Cod Fillet , <i>Rustic Cut Chips & Garden Peas, Tartare Sauce</i> | £16.95 |
| Grilled Salmon , <i>Lemon Butter, Steamed Mixed Greens, New Potatoes (GF)</i> | £16.95 |
| Slow Roast Pork Belly , <i>Apple Compote, Savoy Cabbage, Creamy Mash</i> | £16.25 |
| Thai Style Chicken Red Curry , <i>Basmati Rice (GF)</i> | £16.75 |
| Thai Style King Prawn Red Curry , <i>Basmati Rice (GF)</i> | £17.95 |
| Thai Style Vegetable Red Curry , <i>Basmati Rice (V, GF)</i> | £15.75 |

All the above Main Courses can be served as Smaller Portions for £13.65

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| Sam's Farm Rib Eye Steak , <i>Grilled Tomato, Portobello Mushroom, Rustic Cut Chips</i> | £24.95 |
| <i>Garlic Butter, Pepper Sauce, Mushroom Sauce, Red Wine Sauce, Bearnaise Sauce</i> | £2.95 |
| Piri Piri Style Breast of Chicken | £16.95 |
| <i>Sour Cream, Rustic Cut Chips, Seasonal Salad</i> | |

Dishes may contain nut/nut derivatives. Fish dishes may contain bones. If you have any food allergies or food intolerances, please ask a member of waiting staff about the ingredients in your meal before placing your order.

For Groups of 8 or more a discretionary service charge of 10% will be added to your bill

(Please note for groups over 8 we do not accept split payments)

All Menus subject to change

Hot Sandwiches

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| 180gm Beef Burger served in a Toasted Brioche Bun | £16.25 |
| <i>with or without Cheese, Pickle, Tomato & Onion, Burger Sauce Rustic Cut Chips & Salad</i> | |
| Add Smoked Streaky Bacon £1.50 | |
| Char Grilled Chicken Breast served in a Toasted Brioche Bun | £16.25 |
| <i>With or without Cheese, Rocket & Mayo, Rustic Cut Chips & Salad</i> | |
| Add Smoked Streaky Bacon £1.50 | |
| Pulled Pork served in a Toasted Brioche Bun | £16.25 |
| <i>With or without Cheese, BBQ Sauce, Red Cabbage Slaw, Rustic Cut Chips & Salad</i> | |
| Add Smoked Streaky Bacon £1.50 | |

Vegetarian Options

Starter £8.75 / Main £16.95

Sauté Forest Mushrooms in Garlic (VG)

Toasted Sourdough, Rocket Salad

Roast Vegetable Tart (VG)

Herb Dressing, Green Salad

Grilled Guernsey Goats Cheese Salad (V)(GF)

Red Onion Marmalade Sauté New Potatoes

Risotto Primavera (V, GF)

Creamy Risotto with Spring Vegetables

Parmesan Shavings & Truffle Oil

V = Vegetarian VG = Vegan GF = Gluten Free

Our chefs can alter most of our dishes to suit most dietary requirements.

Side Orders

*Rustic Cut Chips, New Potatoes, Mashed Potatoes or Sauté New Potatoes
Onion Rings, Garden Peas, Buttered Cabbage or Mixed Greens. Garlic Bread
Mixed Salad, Tomato & Red Onion Salad, Caesar Salad, Or Green Mixed Leaf Salad*
All £4.15

*Truffle & Parmesan Fries,
Mac & Cheese, Mac & Cheese with Bacon*
All £4.95

Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.

Traditional Sandwiches

*All Made to Order on White or Wholemeal Sliced Bloomer
with Salad Garnish & Crisps (with Rustic cut Chips add £2.30)
(Gluten free bread available on request)*

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| Guernsey Crab | £12.95 |
| Prawn | £8.95 |
| Smoked Salmon | £8.95 |
| Mature Guernsey Cheddar (with Tomato, Pickle or Onion?) | £7.20 |
| Tuna Mayo | £7.20 |
| Farmhouse Ham | £7.20 |
| Roast Beef | £7.60 |
| Add a Bowl of Homemade Soup | £5.50 |

Our Restaurant Bar and terrace will be open for Morning Coffee from 10am Lunch from 12 till 1.45pm
Evening Meals from 5.30 till 8.45pm

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(Please note for groups over 8 we do not accept split payments)

