

Bar Lunches 12 noon till 1.45

Starters

Home Made Soup of the Day <i>Served with Crusty Bread (V)</i>	£6.30
Crab Bisque <i>Served with Crusty Bread</i>	£8.70
Prawn Cocktail	£8.95
Crab Cocktail	£11.50
Prawn Tails Tempura <i>Summer Salad, Sweet Chilli Jam</i>	£9.90/£16.75
Smoked Scottish Salmon <i>Radishes, Capers, Rocket, Lemon Dill Dressing</i>	£9.90
Heritage Tomato Salad <i>Feta, Avocado, Red Onion, Green Beans, Oregano Dressing (V)</i>	£7.65
Chicken Liver Parfait <i>Tomato Chutney, Toasted Bloomer</i>	£7.65
Three Freshly Baked Rustic Bread Rolls <i>Served with Guernsey Butter</i>	£3.75
<i>(Add Balsamic Olive Oil & Hummus £2.95)</i>	
<i>(Add Assorted Olives & Hickory Smoked Almonds £2.95)</i>	

Light Lunches & Salads

La Barbarie Poke Bowl	£16.50
<i>A refreshing Salad Bowl on a Bed of Fragrant Jasmine Rice, Comprising of Edamame Beans, Carrot, Radish, Cucumber, Avocado & Spring Onion.</i>	
Choose from Grilled Chicken, Grilled Salmon or Grilled Guernsey Goats Cheese	
<i>Choice of Dressing – Ponzu (Citrus Soy Dressing), Chilli Mayo, Sweet Chilli or Classic Vinaigrette</i>	
Individual Baked Camembert with Honey & Thyme <i>Fig Relish & Garlic Crostini</i>	£10.95
Seafood Platter	£18.75
<i>Peeled Prawns, Crabmeat, Smoked Salmon King Prawns & Smoked Mackerel, Marie Rose, Wholemeal Bread</i>	
Charcuterie & Cheese Platter <i>Selection of Continental Charcuterie & Cheeses</i>	£15.95
<i>Served with Tomato Chutney, Cornichons & Crusty Bread</i>	
House Salad <i>with Avocado, Crispy Bacon, Egg, Roast Sweet Peppers</i>	£12.95/£10.95
Caesar Salad <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£12.75/£10.35
Chicken Caesar Salad <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£16.50/£13.50
Hand Picked Crab Meat Salad	£19.85/£17.00
Peeled Prawn Salad	£17.65/£14.95

Main Courses

Crispy Battered Cod Fillet , <i>Rustic Cut Chips & Garden Peas, Tartare Sauce</i>	£17.10
Grilled Salmon , <i>Lemon Butter, Steamed Mixed Greens, New Potatoes (GF)</i>	£17.10
Slow Roast Pork Belly , <i>Apple Compote, Savoy Cabbage, Creamy Mash</i>	£16.75
Thai Style Chicken Red Curry , <i>Basmati Rice (GF)</i>	£17.10
Thai Style King Prawn Red Curry , <i>Basmati Rice (GF)</i>	£18.25
Thai Style Vegetable Red Curry , <i>Basmati Rice (V, GF)</i>	£15.95
Piri Piri Style Breast of Chicken <i>Sour Cream, Rustic Cut Chips, Seasonal Salad</i>	£16.95

All the above Main Courses can be served as Smaller Portions for £13.75

Hot Sandwiches

180gm Beef Burger served in a Toasted Brioche Bun	£16.65
<i>with or without Cheese, Pickle, Tomato & Onion, Burger Sauce Rustic Cut Chips & Salad</i>	
Add Smoked Streaky Bacon £1.50	
Char Grilled Chicken Breast served in a Toasted Brioche Bun	£16.65
<i>With or without Cheese, Rocket & Mayo, Rustic Cut Chips & Salad</i>	
Add Smoked Streaky Bacon £1.50	
Plant based Veggie Burger served in a Toasted Brioche Bun (VG)	£16.65
<i>with or without Smoked Applewood Vegan Cheese, Pickle, Tomato & Onion, Salsa, Rustic Cut Chips & Salad</i>	

Vegetarian Options

Starter £9.10 / Main £17.95

Guernsey Goats Cheese, Spinach & Red Onion Marmalade Tart

(V) Balsamic Dressing, Green Salad

Wild Mushroom Ragu

(V) Rigatoni, Rocket Salad

Moroccan Style Stuffed Egg Plant

(VG) Tabbouleh, Harissa Tahini Dressing

Risotto Primavera

(V, GF) Creamy Risotto with Spring Vegetables, Parmesan Shavings & Truffle Oil

Traditional Sandwiches

*All Made to Order on White or Wholemeal Sliced Bloomer
with Salad Garnish & Crisps (with Rustic cut Chips add £2.95)
(Gluten free bread available on request)*

Guernsey Crab	£13.15
Prawn	£9.10
Smoked Salmon	£9.10
Mature Guernsey Cheddar (with Tomato, Pickle or Onion?)	£7.30
Tuna Mayo	£7.30
Farmhouse Ham	£7.30
Roast Beef	£7.80
Add a Bowl of Homemade Soup	£5.75

Side Orders

*Rustic Cut Chips, New Potatoes, Sauté New Potatoes or Mashed
Broccoli, Green Beans, Courgette Frites, Cauliflower Cheese, Baby Leaf Spinach, Onion Rings
All £4.35 each*

*Truffle & Parmesan Fries, Mac & Cheese, Mac & Cheese with Bacon
All £4.95 each*

Side Salads

*Mixed Salad, Tomato & Red Onion Salad, Caesar Salad, Or Green Mixed Leaf Salad
All £4.35 each*

Fish Board

Scallops £20.95

Brill £19.95

Sea Bass £19.95

Salmon £17.50

Monkfish £19.95

All fish cooked as you wish and served with a choice of Lemon Butter, Champagne, Hollandaise or Shellfish Sauce

From the Char Grill

Steaks from 21 Day Matured Grass Fed Beef sourced from British and Irish Farms

Fillet Steak £28.50 (Minimum uncooked weight 227gms)

Ribeye Steak £25.95 (Minimum uncooked weight 227gms)

New Season Lamb Cutlets (3) £24.95

Add Scallop Brochette £7.75 (Minimum 3 per portion)

Add King Prawn Tail Brochette £6.75 (Minimum 3 per portion)

All the above garnished with
Grilled Tomato, Portobello Mushroom & Rustic Cut Chips

Add a Sauce £2.95 each:

Garlic Butter, Mushroom Sauce, Pepper Sauce, Red Wine Sauce or Béarnaise Sauce

Our Restaurant Bar and terrace will be open for

Morning Coffee from 10am

Lunch from 12 till 1.45pm

Evening Meals from 5.30 till 8.45pm

V = Vegetarian VG = Vegan GF = Gluten Free

Our chefs can alter most of our dishes to suit most dietary requirements.

Dishes may contain nut/nut derivatives. Fish dishes may contain bones.

If you have any food allergies or food intolerances, please ask a member of waiting staff about the ingredients in your meal before placing your order.

For Groups of 8 or more a discretionary service charge of 10% will be added to your bill
(Please note for groups over 8 we do not accept split payments)