

La Barbarie
HOTEL & RESTAURANT
— GUERNSEY —

Bar Lunches 12 noon till 1.45

SAMPLE MENU

Starters

Home Made Soup of the Day <i>Served with Crusty Bread (V)</i>	£6.30
Crab Bisque <i>Served with Crusty Bread</i>	£8.70
Prawn Cocktail	£8.95
Crab Cocktail	£11.50
Prawn Tails Tempura <i>Summer Salad, Sweet Chilli Jam</i>	£9.90/£16.75
Smoked Scottish Salmon <i>Radishes, Capers, Rocket, Lemon Dill Dressing</i>	£9.90
Heritage Tomato Salad <i>Feta, Avocado, Red Onion, Green Beans, Oregano Dressing (V)</i>	£7.65
Chicken Liver Parfait <i>Tomato Chutney, Toasted Bloomer</i>	£7.65
Three Freshly Baked Rustic Bread Rolls <i>Served with Guernsey Butter</i>	£3.75
<i>(Add Balsamic Olive Oil & Hummus £2.95)</i>	
<i>(Add Assorted Olives & Hickory Smoked Almonds £2.95)</i>	

Light Lunches & Salads

Individual Baked Camembert with Honey & Thyme <i>Fig Relish & Garlic Crostini</i>	£10.95
Seafood Platter	£18.75
<i>Peeled Prawns, Crabmeat, Smoked Salmon</i>	
<i>King Prawns & Smoked Mackerel, Marie Rose, Wholemeal Bread</i>	
Charcuterie & Cheese Platter	£15.95
<i>Selection of Continental Charcuterie & Cheeses</i>	
<i>Served with Tomato Chutney, Cornichons & Crusty Bread</i>	
Hand Picked Guernsey Crabmeat <i>Crushed Avocado, Marie Rose, Toasted Sourdough</i>	£16.25
House Salad	£12.95/£10.95
<i>(With Avocado, Crispy Bacon, Egg, Roast Sweet Peppers)</i>	
Caesar Salad <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£12.75/£10.35
Chicken Caesar Salad <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£16.50/£13.50
Grilled Salmon <i>On a bed of Nicoise Style Salad with New Potatoes</i>	£16.95/£13.75
Grilled Jerk Chicken and Avocado Salad	£15.95/£13.25
Hand Picked Crab Meat Salad	£19.85/£17.00
Peeled Prawn Salad	£17.65/£14.95

Main Courses

Crispy Battered Cod Fillet , <i>Rustic Cut Chips & Garden Peas, Tartare Sauce</i>	£17.10
Grilled Salmon , <i>Lemon Butter, Steamed Mixed Greens, New Potatoes (GF)</i>	£17.10
Slow Roast Pork Belly , <i>Apple Compote, Savoy Cabbage, Creamy Mash</i>	£16.75
Thai Style Chicken Red Curry , <i>Basmati Rice (GF)</i>	£17.10
Thai Style King Prawn Red Curry , <i>Basmati Rice (GF)</i>	£18.25
Thai Style Vegetable Red Curry , <i>Basmati Rice (V, GF)</i>	£15.95

All the above Main Courses can be served as Smaller Portions for £13.75

Sam's Farm Rib Eye Steak , <i>Grilled Tomato, Portobello Mushroom, Rustic Cut Chips</i>	£24.95
<i>Garlic Butter, Pepper Sauce, Mushroom Sauce, Red Wine Sauce, Bearnaise Sauce</i>	£2.95
Piri Piri Style Breast of Chicken	£16.95
<i>Sour Cream, Rustic Cut Chips, Seasonal Salad</i>	

Dishes may contain nut/nut derivatives. Fish dishes may contain bones. If you have any food allergies or food intolerances, please ask a member of waiting staff about the ingredients in your meal before placing your order.

For Groups of 8 or more a discretionary service charge of 10% will be added to your bill

(Please note for groups over 8 we do not accept split payments)

Hot Sandwiches

180gm Beef Burger served in a Toasted Brioche Bun	£16.65
<i>with or without Cheese, Pickle, Tomato & Onion, Burger Sauce Rustic Cut Chips & Salad</i>	
<i>Add Smoked Streaky Bacon £1.50</i>	
Char Grilled Chicken Breast served in a Toasted Brioche Bun	£16.65
<i>With or without Cheese, Rocket & Mayo, Rustic Cut Chips & Salad</i>	
<i>Add Smoked Streaky Bacon £1.50</i>	
Pulled Pork served in a Toasted Brioche Bun	£16.65
<i>With or without Cheese, BBQ Sauce, Red Cabbage Slaw, Rustic Cut Chips & Salad</i>	
<i>Add Smoked Streaky Bacon £1.50</i>	

Vegetarian Options

Starter £9.10 / Main £17.95

Guernsey Goats Cheese, Spinach & Red Onion Marmalade Tart (V)*Balsamic Dressing, Green Salad***Wild Mushroom Ragu (V)***Rigatoni, Rocket Salad***Moroccan Style Stuffed Egg Plant (VG)***Tabbouleh, Harissa Tahini Dressing***Risotto Primavera (V, GF)***Creamy Risotto with Spring Vegetables
Parmesan Shavings & Truffle Oil***V = Vegetarian VG = Vegan GF = Gluten Free**

Our chefs can alter most of our dishes to suit most dietary requirements.

Side Orders*Rustic Cut Chips, New Potatoes, Mashed Potatoes or Sauté New Potatoes
Onion Rings, Garden Peas, Buttered Cabbage or Mixed Greens. Garlic Bread
Mixed Salad, Tomato & Red Onion Salad, Caesar Salad, Or Green Mixed Leaf Salad*
All £4.35*Truffle & Parmesan Fries,
Mac & Cheese, Mac & Cheese with Bacon*
All £4.95*Knowledge is knowing a tomato is a fruit; wisdom is not putting it in a fruit salad.***Traditional Sandwiches***All Made to Order on White or Wholemeal Sliced Bloomer
with Salad Garnish & Crisps (with Rustic cut Chips add £2.95)
(Gluten free bread available on request)*

Guernsey Crab	£13.15
Prawn	£9.10
Smoked Salmon	£9.10
Mature Guernsey Cheddar (with Tomato, Pickle or Onion?)	£7.30
Tuna Mayo	£7.30
Farmhouse Ham	£7.30
Roast Beef	£7.80
Add a Bowl of Homemade Soup	£5.75

Our Restaurant Bar and terrace will be open for Morning Coffee from 10am Lunch from 12 till 1.45pm
Evening Meals from 5.30 till 8.45pmFor Groups of 8 or more a discretionary service charge of 10% will be added to your bill
(Please note for groups over 8 we do not accept split payments)