

Bar Lunches 12 noon till 1.45

Starters

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| Home Made Soup of the Day <i>Served with Crusty Bread (VG, GFO)</i> | £6.50 |
| Crab Bisque <i>Served with Crusty</i> | £8.85 |
| Prawn Cocktail (GF, DF) | £8.95 |
| Crab Cocktail (GF, DF) | £11.75 |
| Prawn Tails Tempura <i>Summer Salad, Sweet Chilli Jam (DF)</i> | £9.95 / £16.95 |
| Smoked Scottish Salmon <i>Radishes, Capers, Rocket, Lemon Dill Dressing (GF, DF)</i> | £9.95 |
| Heritage Tomato Salad <i>Feta, Avocado, Red Onion, Green Beans, Oregano Dressing (V, GF)</i> | £7.75 |
| Chicken Liver Parfait <i>Tomato Chutney, Toasted Sourdough (GFO)</i> | £7.75 |
| Three Freshly Baked Rustic Bread Rolls <i>Served with Guernsey Butter</i> | £3.95 |
| <i>(Add Balsamic Olive Oil & Hummus £2.95)</i> | |
| <i>(Add Assorted Olives & Hickory Smoked Almonds £2.95)</i> | |

Light Lunches

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| La Barbarie Poke Bowl (GF, DF) | £18.25 |
| <i>A refreshing Salad Bowl on a Bed of Fragrant Jasmine Rice, Comprising of Edamame Beans, Carrot, Radish, Cucumber, Avocado & Spring Onion.</i> | |
| Choose from Grilled Chicken, Grilled Salmon or Grilled Guernsey Goats Cheese | |
| <i>Choice of Dressing – Ponzu (Citrus Soy Dressing), Chilli Mayo, Sweet Chilli or Classic Vinaigrette</i> | |
| Seafood Platter (DF, GFO) | £19.25 |
| <i>Peeled Prawns, Crabmeat, Smoked Salmon, King Prawns & Smoked Mackerel, Marie Rose, Wholemeal Bread</i> | |
| Hand Picked Guernsey Crabmeat (DF, GFO) | £16.45 |
| <i>Crushed Avocado, Marie Rose, Toasted Sourdough</i> | |

Salads

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| House Salad (GF, DF) | £13.50/£11.25 |
| <i>with Avocado, Crispy Bacon, Egg, Roast Sweet Peppers</i> | |
| Caesar Salad | £13.25/£11.25 |
| <i>with Garlic Croutons, Crispy Bacon and Parmesan</i> | |
| Chicken Caesar Salad | £16.95/£13.95 |
| <i>with Garlic Croutons, Crispy Bacon and Parmesan</i> | |
| Peeled Prawn Salad (GF, DF) | £18.65/£15.95 |
| Hand Picked Crab Meat Salad (GF, DF) | £19.85/£17.00 |

Main Courses

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| Crispy Battered Cod Fillet £17.65 |
| <i>Rustic Cut Chips & Garden Peas</i> |
| Grilled Salmon (GF, DFO) £18.95 |
| <i>Lemon Butter, Steamed Mixed Greens, New Potatoes</i> |
| Slow Roast Pork Belly (GF) £17.95 |
| <i>Apple Compote, Savoy Cabbage, Creamy Mash</i> |
| Thai Style Chicken Red Curry (GF, DF) £17.95 |
| <i>Basmati Rice</i> |
| Thai Style King Prawn Red Curry (GF, DF) £18.95 |
| <i>Basmati Rice</i> |
| Thai Style Vegetable Red Curry (V, GF, DF) £16.50 |
| <i>Basmati Rice</i> |

**All the above Main Courses can be served as
Smaller Portions for £14.00**

180gm Beef Burger (DF, GFO) £17.65

*Toasted Brioche Bun
with or without Cheese, Pickle,
Tomato & Onion, Burger Sauce
Rustic Cut Chips & Salad
Add Smoked Streaky Bacon £1.50*

Char Grilled Chicken Breast (DF, GFO) £17.65

*Toasted Brioche Bun
with or without Cheese, Rocket & Mayo,
Rustic Cut Chips & Salad
Add Smoked Streaky Bacon £1.50*

V = Vegetarian VG = Vegan

**GF = Gluten Free GFO = Gluten Free Option
DF = Dairy Free DFO = Dairy Free Option**

Our chefs can alter most of our dishes to suit
most dietary requirements.

Vegetarian Options

Starter £9.95 / Main £18.95

Guernsey Goats Cheese, Spinach & Red

Onion Marmalade Tart (V, DF)

Balsamic Dressing, Green Salad

Wild Mushroom Ragu (V)

Rigatoni, Rocket Salad

Egg Plant Involtini (V)

Aubergine filled with Spinach & Ricotta

Baked with Tomato Sauce &

Glazed with Parmesan

Served with Garlic Bread

Risotto Primavera (V)

*Creamy Risotto with Spring Vegetables,
Vegetarian Parmesan Shavings & Truffle Oil*

Vegan Menu available, please ask your server

Traditional Sandwiches

All Made to Order on

White or Wholemeal Sliced Bloomer

with Salad Garnish & Crisps

(with Rustic Cut Chips add £3.50)

(Gluten free bread available on request)

Guernsey Crab £13.35

Prawn, Marie Rose £9.50

Smoked Salmon £9.50

Mature Guernsey Cheddar £7.50

(with Tomato, Pickle or Onion)

Tuna Mayo £7.50

Farmhouse Ham £7.50

Roast Beef £7.80

Add a Bowl of Homemade Soup £5.95

Side Orders

Rustic Cut Chips, New Potatoes, Sauté New Potatoes or Mashed

Broccoli, Green Beans, Courgette Frites, Cauliflower Cheese, Baby Leaf Spinach, Onion Rings

All £4.45 each

Truffle & Parmesan Fries, Mac & Cheese, Mac & Cheese with Bacon

All £4.95 each

Side Salads

Mixed Salad, Tomato & Red Onion Salad, Caesar Salad, Or Green Mixed Leaf Salad

All £4.45 each

Fish Board

Scallops £21.95

Brill £21.00

Monkfish £20.50

Sea Bass £19.95

Salmon £18.50

All fish cooked as you wish and
served with a choice of

*Lemon Butter, Champagne,
Hollandaise or Shellfish Sauce*

Sides ordered separately

Our Restaurant Bar and terrace
will be open for
Morning Coffee from 10am
Lunch from 12 till 1.45pm
Evening Meals from 5.30 till 8.45pm

From the Char Grill

Steaks from 21 Day Matured Grass Fed Beef sourced from
British and Irish Farms

Ribeye Steak £26.95 (Minimum uncooked weight 227gms)

Fillet Steak £29.95 (Minimum uncooked weight 227gms)

Petit Fillet Steak £19.00 (Minimum uncooked weight 150gms)

New Season Lamb Cutlets (3) £25.50

Add Scallop Brochette £8.50 (Minimum 3 per portion)

Add King Prawn Tail Brochette £6.75 (Minimum 3 per portion)

*All the above garnished with
Grilled Tomato, Portobello Mushroom &
Rustic Cut Chips*

Add a Complementary Sauce:
*Garlic Butter, Mushroom Sauce, Pepper Sauce,
Red Wine Sauce or Béarnaise Sauce*

Dishes may contain nut/nut derivatives. Fish dishes may contain bones.

If you have any food allergies or food intolerances,

please ask a member of waiting staff about the ingredients in your meal before placing your order.