

# La Barbarie

HOTEL & RESTAURANT  
— GUERNSEY —

## Welcome to Sunday Lunch at La Barbarie Hotel

Dishes may contain nut/nut derivatives. Fish dishes may contain bones. If you have any food allergies or food intolerances, please ask a member of the waiting staff about the ingredients in your meal before placing your order.

### Roast Carvery

*Consists of a Choice of Roast, please ask your server*

£17.95

### Starters

**Home Made Soup of the Day** served with Crusty Bread (VG)

£6.50

**Chilled Galia Melon** with Seasonal Fruits (V)

£7.25

**Prawn Cocktail**

£8.95

**Crab Cocktail**

£11.75

**Prawn Tails Tempura** Summer Salad, Sweet Chilli Jam

£9.95

**Smoked Scottish Salmon** Radishes, Capers, Rocket, Lemon Dill Dressing

£9.95

**Heritage Tomato Salad** Feta, Avocado, Red Onion, Green Beans, Oregano Dressing (V)

£7.75

**Chicken Liver Parfait** Tomato Chutney, Toasted Sourdough

£7.75

**Selection of Cold Seafood Hors D'oeuvres**

£11.95

**Three Freshly Baked Rustic Bread Rolls** Served with Guernsey Butter

£3.95

(Add Balsamic Olive Oil & Hummus £2.95)

(Add Assorted Olives & Hickory Smoked Almonds £2.95)

### Main Courses

**Fish and Chips** Crispy Battered Cod Fillet, Rustic Cut Chips, & Garden Peas. Tartare Sauce

£17.50

**Grilled Salmon, Lemon Butter**, Steamed Mixed Greens, New Potatoes

£18.95

**Thai Style Chicken Red Curry** Basmati Rice (GF)

£17.95

**Thai Style King Prawn Red Curry** Basmati Rice (GF)

£18.95

**Thai Style Vegetable Red Curry** Basmati Rice (V,GF)

£16.50

**Seafood Platter**

£19.25

*Peeled Prawns, Crabmeat, Smoked Salmon*

*King Prawns & Smoked Mackerel, Marie Rose, Wholemeal Bread*

**180gm Beef Burger served in a Toasted Brioche Bun**

£17.50

*with or without Cheese, Pickle, Tomato & Onion, Burger Sauce Rustic Cut Chips & Salad*

**Add Smoked Streaky Bacon £1.50**

**Char Grilled Chicken Breast served in a Toasted Brioche Bun**

£17.50

*With or without Cheese, Rocket & Mayo, Rustic Cut Chips & Salad*

**Add Smoked Streaky Bacon £1.50**

**Plant based Veggie Burger served in a Toasted Brioche Bun (V,VG)**

£17.50

*with or without Smoked Applewood Vegan Cheese, Pickle, Tomato & Onion,*

*Salsa, Rustic Cut Chips & Salad*

**La Barbarie Poke Bowl**

£17.95

*A refreshing Salad Bowl on a Bed of Fragrant Jasmine Rice,*

*Comprising of Edamame Beans, Carrot, Radish, Cucumber, Avocado & Spring Onion.*

**Choose from Grilled Chicken, Grilled Salmon or Grilled Guernsey Goats Cheese**

*Choice of Dressing – Ponzu (Citrus Soy Dressing), Chilli Mayo, Sweet Chilli or Classic Vinaigrette*

For Groups of 8 or more a discretionary service charge of 10% will be added to your bill

(Please note for groups over 8 we do not accept split payments)

## Salad Bowls

<b>House Salad</b> <i>with Avocado, Crispy Bacon, Egg, Roast Sweet Peppers</i>	£13.50/£11.25
<b>Caesar Salad</b> <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£13.25/£11.25
<b>Chicken Caesar Salad</b> <i>with Garlic Croutons, Crispy Bacon and Parmesan</i>	£16.95/£13.95
<b>Hand Picked Crab Meat</b>	£19.85/£17.00
<b>Peeled Prawn</b>	£18.65/£15.95

## Vegetarian and Vegan Options

Starter £9.85 / Main £18.25

**Guernsey Goats Cheese, Spinach & Red Onion Marmalade Tart (V)**  
*Balsamic Dressing, Green Salad*

**Wild Mushroom Ragu (V)**  
*Rigatoni, Rocket Salad*

**Moroccan Style Stuffed Egg Plant (VG)**  
*Tabbouleh, Harissa Tahini Dressing*

**Risotto Primavera (V, GF)**  
*Creamy Risotto with Spring Vegetables*  
*Parmesan Shavings & Truffle Oil*

V = Vegetarian VG = Vegan GF = Gluten Free

**Our chef can alter most of our dishes to suit most dietary requirements.**

## Traditional Sandwiches

*All Made to Order on White or Wholemeal Sliced Bloomer*  
*with Salad Garnish & Crisps (with Fries add £3.25)*  
(Gluten free bread available on request)

<b>Guernsey Crab</b>	£13.35
<b>Prawn</b>	£9.50
<b>Smoked Salmon</b>	£9.50
<b>Mature Guernsey Cheddar</b> (with Tomato, Pickle or Onion)	£7.50
<b>Tuna Mayo</b>	£7.50
<b>Farmhouse Ham</b>	£7.50
<b>Roast Beef</b>	£7.80

## Side Orders

*Rustic Cut Chips, New Potatoes, Mashed Potatoes or Sauté New Potatoes*  
*Onion Rings, Garden Peas, Buttered Cabbage or Mixed Greens. Garlic Bread*  
*Mixed Salad, Tomato & Red Onion Salad, Caesar Salad, Or Green Mixed Leaf Salad*  
**All £4.45**

For Groups of 8 or more a discretionary service charge of 10% will be added to your bill  
(Please note for groups over 8 we do not accept split payments)

Our Restaurant Bar and terrace will be open for  
Morning Coffee from 10am  
Lunch from 12 till 1.45pm  
Evening Meals from 5.30 till 8.45pm  
Please check our Facebook and Twitter pages for updates