

# La Barbarie

HOTEL & RESTAURANT  
GUERNSEY

## Welcome to Sunday Lunch at La Barbarie Hotel

### Roast Carvery Main Course

*Carvery Consists of a Choice of Roasts*

£14.75

### Starters

**Home Made Soup of the Day** *served with Crusty Bread(V)*

£5.45

**Chilled Galia Melon** *with Seasonal Fruits*

£6.50

**Selection of Cold Seafood Hors D'oeuvres**

£8.50

**Prawn Cocktail**

£7.50

**Crab Cocktail**

£8.95

**Severn and Wye Smoked Salmon**, *Radishes, Capers, Rocket, Lemon Dill Dressing*

£8.95

**Greek Style Salad** *with Feta, Olives, Tomato & Cucumber*

£6.45

**Chicken Liver Parfait**, *Tomato Chutney, Toasted Bloomer*

£6.75

**Breadbasket & Guernsey Butter**

£2.85

*Three warm assorted rustic bread rolls*

### Main Courses

**Crispy Battered Cod Fillet**, *Rustic Cut Chips, & Garden Peas. Tartare Sauce*

£13.95

**Grilled Salmon**, *Lemon Butter, Steamed Mixed Greens, New Potatoes*

£13.95

**Confit of Duck Leg**, *Spiced Red Cabbage, Pan Roast Potatoes*

£13.95

**Slow Roast Belly of Pork**, *Apple Compote, Savoy Cabbage, Creamy Mash*

£13.50

**Cajun Spiced Breast of Chicken** *Sour Cream, Rustic Cut Chips, Side Salad*

£13.50

**Thai Style Chicken Red Curry**, *Basmati Rice (GF)*

£13.95

**Thai Style King Prawn Red Curry**, *Basmati Rice (GF)*

£14.95

**6oz Beef Burger served in a Toasted Brioche Bun**

£13.50

*With or without Cheese, Rustic Cut Chips & Salad*

**Grilled Breast of Chicken served in a Toasted Brioche Bun**

£13.50

*With Rocket & Mayo, Rustic Cut Chips & Salad*

**Seafood Platter** *Crabmeat, Prawns, Smoked Salmon,*

£15.25

*King Prawns & Smoked Mackerel, Crusty Wholemeal Bread*

### Salad Bowls

**House Salad,**

£11.95

*(With Avocado, Crispy Bacon, Egg, Roast Sweet Peppers)*

**Caesar Salad with Garlic Croutons**, *Crispy Bacon and Parmesan*

£10.95

**Chicken Caesar Salad** *with Garlic Croutons, Crispy Bacon and Parmesan*

£13.25

**Peeled Prawn**

£13.95

## ***Vegetarian and Vegan Options***

**Starter £7.50 / Main £13.95**

**Sauté Forest Mushrooms in Garlic**  
*Toasted Sourdough, Rocket Salad (VG)*

**Thai Style Red Vegetable Curry (VG/ GF)**  
*Basmati Rice*

**Grilled Guernsey Goats Cheese Salad (V)**  
*Red Onion Marmalade Sauté Potatoes*

**Wild Mushroom Asparagus & Leek Risotto (V GF)**  
*Shaved Parmesan*

**V = Vegetarian   VG = Vegan   GF = Gluten Free**

## **Traditional Sandwiches**

*All Made to Order on White or Wholemeal Sliced Bloomer  
with Salad Garnish & Crisps (with Rustic Cut Chips add £1.95)*

<b>Guernsey Crab</b>	£8.95
<b>Prawn</b>	£7.25
<b>Smoked Salmon</b>	£7.25
<b>Mature Guernsey Cheddar (with Tomato, Pickle or Onion?)</b>	£6.25
<b>Tuna Mayo</b>	£6.25
<b>Farmhouse Ham</b>	£6.25
<b>Roast Beef</b>	£6.25

*Sweets and Coffee from our Desserts Menu*

*Subject to Change /06/2020*